

Grieving the death of a spouse?

Or do you know someone who is?



Your life has changed forever. The daily emotions and challenges can seem too hard to bear.

Find help at a Loss of a Spouse seminar.

You'll hear:

- Practical advice from others who've been there.
- What to expect in your grief.
- How to cope with life without your spouse.
- Why it won't always hurt this much.

LOSS OF A SPOUSE

Please join us for this encouraging seminar.

PRE-REGISTER @ griefshare.org/spouse

GRIEF SHARE
griefshare.org/spouse

July 29th 10 AM-Noon or 3-5PM
Lakeview Chapel 607-687-3261
185 Day Hollow Road Owego, NY
Kathy Van Duzer 607-687-9293
Faye Waxman 607-687-5403