

Ideas that Say I Love You (Part 2 for Wives)

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Wondering how to love your spouse? Try showing him your feelings in actions, not just in words! In every good marriage, you need to find non-sexual ways of showing your spouse love—that you're thinking about them and you care about them.

Write up a list, give it to him, and then commit to doing a few things on the list each day.

Saying "I love you" is nice but learning how to love your spouse in actions is usually more important. Here are ideas to get you started on your **personalized list**:

20 Ideas to Show that you Love to Your Husband

- ♥ Praise him in front of the kids, your friends/family when he can hear.
- ♥ Greet him at the door when he gets home—drop whatever you're doing and go kiss him!
- ♥ Make him a coffee to take with him in the morning.
- ♥ Give him a backrub.
- ♥ Tell her one thing you admire about his work or his giftings.
- ♥ Rub your fingers through his hair as you're watching a movie.
- ♥ Lay out his clothes for him the night before.
- ♥ Put on lipstick and fix your hair 15 minutes before he's expected home from work (*or right before you arrive home from work!*).
- ♥ Text him and tell him specifically what you love doing with him.
- ♥ Bring him a glass of water if he's working out in the heat.
- ♥ Ask him what he'd like for dinner or plan menus together.
- ♥ Wear something you know he loves.
- ♥ Going out to pick up ice cream/treat with the kids? Bring him one with a note, "we're thinking of you."
- ♥ Pray for him out loud when you're alone. Put your arm on his and say a sentence-or-two prayer.
- ♥ Walking by him? Reach out and touch him for a second!
- ♥ Rub his feet while you're watching TV.
- ♥ Ask him his advice on something—and then follow it.
- ♥ Ask him to explain something about his hobby to you.
- ♥ Don't just tell him you love him—tell him **WHY** you love him.