

5 WAYS TO SHOW YOU'RE LISTENING

PREPARE/ENRICH BLOG

Are you even listening to me?!

Have you ever been on the receiving end of this question? It's not a great feeling. You might feel like you're getting called out or you might get indignant because you *were* actually listening! Either way, you may need to work on your active listening, which is foundational to good communication. Here are five tips to make sure your partner feels heard:

Avoid multitasking. Put down your phone, close the laptop, stop loading the dishwasher. Focus your **full attention** on your partner. You might be capable of listening intently some other task, but if they're trying to tell you something important let them know you're ready to hear them by focusing solely on them.

Be mindful of your body language. You might not be doing other tasks, but if you're sitting with your arms crossed defensively and looking off into the distance, you're not going to come across as very open to listening. Relax your body, look them in the eye, and make some kind physical contact. These cues let your partner know that you're there in the moment with them, both physically & mentally.

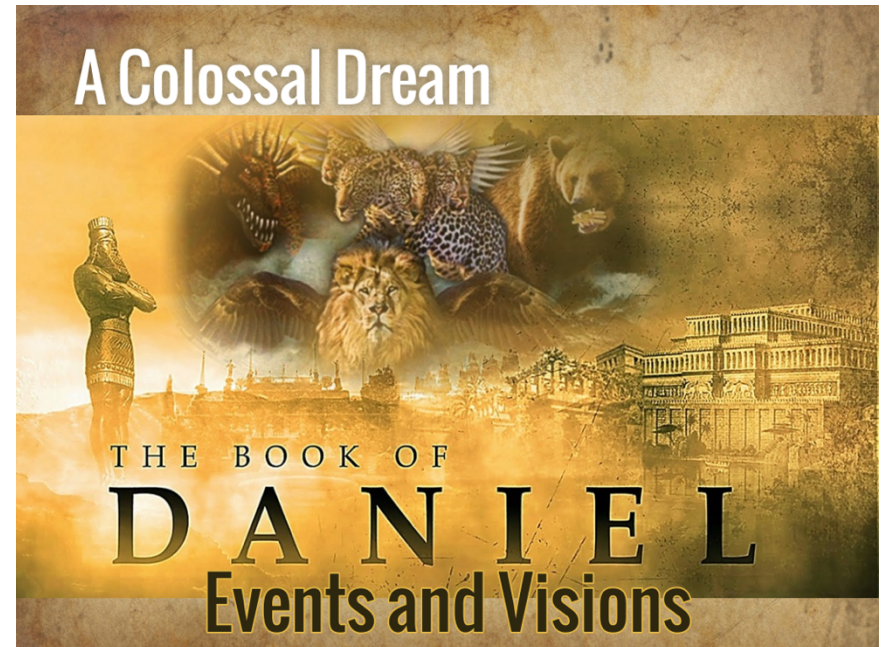
Let them speak. This seems obvious, but in the moment it's natural to want to interject with your response. Try to avoid interrupting until they're done sharing. This is especially important during conversations where emotions are running high, but it's a considerate habit to adopt for lighter exchanges as well.

Restate what they've shared. One of the tenets of active listening, restating what your partner is conveying to you helps ensure that nothing is getting lost in translation. Instead of just parroting back what they say verbatim, focus on hearing and restating the true meaning of their words. If you're slightly off mark – that's okay. This gives them the opportunity to provide clarification for you to understand.

Ask good questions. Be curious! Following up with questions to learn more about your partner's thoughts, feelings, and perspective not only shows that you were really listening, but also that what they're saying – and the person saying it – is important.

Bonus tip for the speaker: If you've got something that you really want your partner to *hear*, give them a heads up by saying, "Hey, do you have a second?" or "Can we talk about something important?" Maybe they're in the middle of something or their mind is on other things, but by assertively letting them know you'd like them to listen, you're making it easier for them to drop what they're doing to pay attention, a win-win situation.

Good communication is such a basic component of a strong relationship that we sometimes overlook the smaller components that go into it. They might seem minor, but by being proactive in creating good habits, you can nip bigger issues in the bud. There's a compounding effect, improving the other areas of your relationship that rely on solid communication.



WELCOME TO LAKEVIEW CHAPEL

Sunday, May 9, 2021 / Worship 10 AM

Welcome & Announcements

Song

Way Maker

Invocation

Song

Jesus

Song

Goodness Of God

Scripture Reading

Daniel 2

Eric

Worship Prayer

Kristie

Message

A Colossal Dream

Pastor Dave Havener

Song

Our Great God

Song

Great Things

Benediction

Sermons are available online at:

<https://www.lakeviewwego.com>

<https://www.facebook.com/lakeviewwego>

Events and Information

LUNCH ON THE GO – Lakeview will provide Lunch on the Go today following the morning service. If you would like to help, see Kelly.

SUMMER NIGHTS WITH JESUS - This year, our special summer family ministry will be a series of fun nights spread throughout the summer. **Summer Nights with Jesus!** We will be doing things like a family scavenger hunt, a slip-n-slide night, a movie night and other ideas you suggest! If you are interested in helping in any way let Patti know.

GREAT COMMISSION DAY 2021 – Each Spring the C&MA holds a Great Commission Day as a special offering opportunity to further the work of taking All of Jesus to All the World. This year the offering will be used to help **40 new workers** go to nations they are called to serve. You can join with others across the country to give to this special need. Now through May 23rd give as the Lord leads you to our Great Commission Day Offering. You can label your gift **“GO”** to join with others all over the world who are giving to complete the Great Commission Jesus has given to His Church.

EVENING OF SCRIPTURE & PRAYER – Please join us for a time of scripture & prayer on Sunday, May 30 at 6 PM to be led by Duane & Doris.

CHANGE FOR LIFE CAMPAIGN - Change for Life is an easy way that we as a church can help provide godly guidance for mothers in distress at Life Choices Center. Simply pick up a baby bottle, fill it with cash, check, or coins and return it by Sunday, June 27 or donate online through our unique Change for Life giving page. <https://life-choices-center-inc.networkforgood.com/projects/129922-lakeview-chapel-s-fundraiser> Life Choices Center is looking to raise \$55,000 during this year's campaign all to help women and men in our community before, during, and after unplanned pregnancies. Let's help them make this campaign a huge success! To learn more about Life Choices Center, visit: LifeChoicesCenter.org.

UPCOMING MISSIONS EMPHASIS EVENT – An IW will be joining us on Sunday morning, June 20 at 10 AM. She will share with us about the work God is doing at the Hospital where she works in Gabon, Africa.

**We're building a community of faith in God
that LIVES WELL but not by SIGHT.**

Small Group Ministry

Small Groups

Adult Group (Led by Steve & Kristie)

Meeting Friday evenings 7 PM at Steve & Kristie's home. Using *'The Steps to Freedom in Christ'* material. For more information, call the church office (607)-687-3261.

Couples Small Group (Led by Chad & Judy)

Tuesday evenings 6:30 PM. Meeting at Lakeview in the Fellowship Hall. Reviewing *'The Art of Marriage'*. For more information, call the church office (607)-687-3261.

Bible Study Groups

Women's Bible Study (Led by Anne)

Tuesday mornings from 9:30 AM-12 Noon at Lakeview. Meeting in the sanctuary.

Men's Bible Study (Led by Pastor Dave)

Wednesday evenings from 6:30-8 PM at Lakeview. Meeting in the Fellowship Hall. Studying the book of Acts.

Prayer Group (Led by Art) Wednesday evenings from 6:30-8 PM at Lakeview. Meeting in the 1st floor classroom by the stairs.

Wednesday Night Youth Programs (6:30-8 PM)

IMPACT (Teen Group 6th–12th grade)

This Weeks Calendar

Tuesday	9:30 AM	Women's Bible Study
	6:00 PM	DMC Meeting
	6:30 PM	Couples Small Group
Wednesday	6:30 PM	Prayer Meeting, Men's Bible Study
	6:30 PM	IMPACT Teen Group
Thursday	6:00 PM	Administrative Board Meeting
Friday	7:00 PM	Adult Small Group