

## How to Become Positive Marriage Role Models

by Laura Guida

We know we learn through observing others – this is natural human behavior. We know that we learn marriage lessons from our families – either as a young kid or even into our adulthood when we're so kindly given those one-liner pieces of advice from family members.

What happens when you flip the question, to ask what can you teach others? What are you showing your community and family about your relationship? Is your example a healthy one or something you're not proud of?

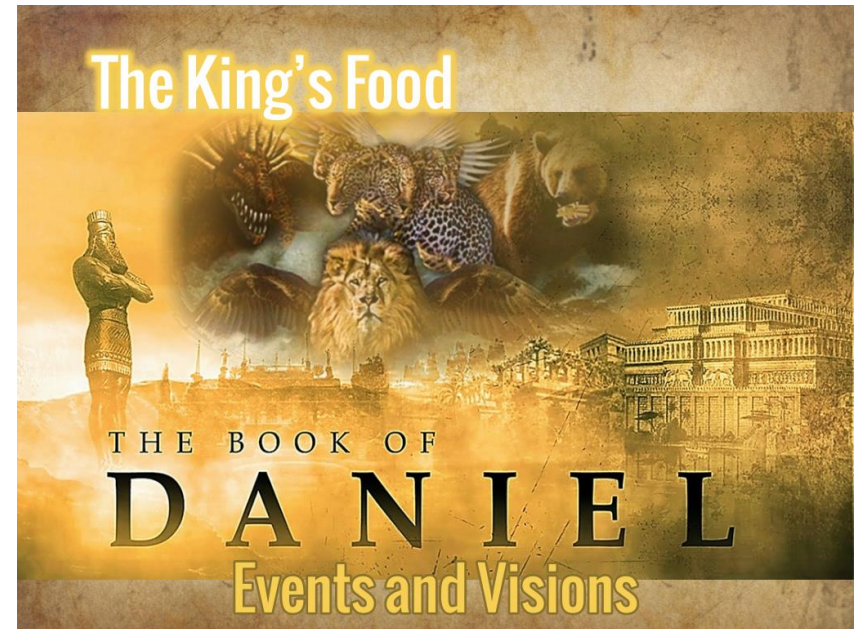
Here are 3 things you can do to be a positive marriage role model:

**Keep it real.** Being a positive marriage role model does not mean that you have and always display a perfect relationship without any struggles. That's setting up an expectation that is impossible to attain. Keeping it real is about being transparent about the fact that you face adversity in your relationship, but you rely on your commitment to one another and God, and learned skills, to weather the storm. It's about showing up, putting in the work, and not hiding that from those around you. Of course, you both need to be on the same page and decide what is appropriate to share to keep it real and to show that the work is worth it.

**Put in the work.** And speaking of the work being worth it – you must actually do the work! Some say that marriage shouldn't have to be work – that love is all you need. Well, that's simply not true. As people we change as we continue to develop. We're always growing, and it takes intentional effort to grow together as a couple. This can look like a lot of different things, but being open to attend marriage enrichment events, prioritizing date night, dedicating time to reading books or listening to podcasts about relationships or sharing with others that you work with a marriage therapist can do a lot to encourage others to do the same. If they see a couple like you that is keeping it real, and doing the work, they'll be inclined to take a similar direction.

**Communicate.** Communication is probably the most overshad tip when it comes to anything relationship education related – but for good reason, it's arguably the most important skill to have and use. Healthy communication can help you navigate nearly anything in your relationship. It's all about being assertive, and actively listening to your partner. Demonstrating healthy communication in front of others shows them in relationship how they can have a conversation, or even a disagreement without things spiraling out of control all while accomplishing the goal of understanding each other. The people in your life who will benefit the most from modeling communication are the ones who live with you – your kids. They'll soak up those skills like sponges, which is great for their own relationship skill development.

Becoming positive relationship role models doesn't have to be a big new undertaking in your life – you're already a role model, it's just the extra effort to make sure what you're modeling about marriage is healthy and positive.



## **WELCOME TO LAKEVIEW CHAPEL**

**Sunday, May 2, 2021 / Worship 10 AM**

Invocation

Hymn No. 414

Welcome & Announcements

Song

Song

Scripture Reading - Daniel 1

Worship Prayer

Message

Communion

Song

Song

Benediction

**Trust And Obey**

**Goodness Of God**

**Cornerstone**

*Alex*

*Jeff*

**The King's Food**

*Pastor Dave Havener*

**Nothing But The Blood**

**For The Cause**

Sermons are available online at:

<https://www.lakeviewwego.com>

<https://www.facebook.com/lakeviewwego>

## Events and Information

**SUMMER NIGHTS WITH JESUS** - This year, our special summer family ministry will be a series of fun nights spread throughout the summer. **Summer Nights with Jesus!** We will be doing things like a family scavenger hunt, a slip-n-slide night, a movie night and ??? ***We will hold a brief meeting after church today to start planning.*** Please come if you are interested in helping in any way or let Patti know if you are interested but can't make the meeting.

**LUNCH ON THE GO** – Lakeview will provide Lunch on the Go next Sunday, May 9 following the morning service. If you would like to help, please see Kelly.

**GREAT COMMISSION DAY 2021** – Each Spring the C&MA holds a Great Commission Day as a special offering opportunity to further the work of taking All of Jesus to All the World. This year the offering will be used to help **40 new workers** go to nations they are called to serve. You have the opportunity to give to this special need. Now through May 23<sup>rd</sup> give as the Lord leads you to our Great Commission Day Offering. You can label your gift **“GO”** to join with others all over the world who are giving to complete the Great Commission Jesus has given to His Church.

**EVENING OF SCRIPTURE & PRAYER** – Please join us for a time of scripture & prayer on Sunday, May 30 at 6 PM.

**UPCOMING MISSIONS EMPHASIS EVENT** - International Worker Dr. Renee V. will join us on Sunday morning, June 20 at 10 AM. Renee will share with us about the work God is doing at the hospital in Africa.

**We're building a community of faith in God  
that LIVES WELL but not by SIGHT.**

*Rejoice*  
in the Lord

## Small Group Ministry

### Small Groups

#### **Adult Group (Led by Steve & Kristie)**

Meeting Friday evenings 7 PM at Steve & Kristie's home. Using *'The Steps to Freedom in Christ'* material. For more information, call the church office (607)-687-3261.

#### **Couples Small Group (Led by Chad & Judy)**

Tuesday evenings 6:30 PM. Meeting at Lakeview in the Fellowship Hall. Reviewing *'The Art of Marriage'*. For more information, call the church office (607) 687-3261.

### Bible Study Groups

#### **Women's Bible Study (Led by Anne)**

Tuesday mornings from 9:30 AM-12 Noon at Lakeview. Meeting in the sanctuary.

#### **Men's Bible Study (Led by Pastor Dave)**

Wednesday evenings from 6:30-8 PM at Lakeview. Meeting in the Fellowship Hall. Reviewing the book of Acts.

**Prayer Group (Led by Art)** Wednesday evenings from 6:30-8 PM at Lakeview. Meeting in the 1st floor classroom by the stairs.

## Wednesday Night Youth Programs (6:30-8 PM)

**IMPACT** (Teen Group 6th–12th grade)

## This Weeks Calendar

Monday	5:30 PM	MOPS Meeting
Tuesday	9:30 AM	Women's Bible Study
	6:30 PM	Couples Small Group
Wednesday	6:30 PM	Prayer Meeting
	6:30 PM	Men's Bible Study
	6:30 PM	IMPACT Teen Group
Friday	7:00 PM	Adult Small Group