

## Date Nights At Home — It's a Thing!

By **Sheila Wray Gregoire**

I have something super quick and fun for you: the new way that Keith and I are doing date nights at home! (*Honestly, date nights at home may be a misnomer, because I'm not talking about spending the whole evening in one activity.*) But we often get into ruts where we watch a lot of Netflix and I knit. I need that time to knit; it's relaxing, and I love it. But as I was sharing last month when we talked about habits, when something becomes your default, it's hard to break it.

That's why we often spend a lot longer than we would want to on certain activities and ignore the activities that we want to do! Because we only have so much brain power to use in a day, we naturally gravitate towards the things that are the easiest and that have become habitual. If we want to do something different, especially for date nights at home, then we have to deliberately start a new pattern.

So, here's what we do.

**We decided to make sure that we spent 20 minutes doing something together, enjoying each other & spending time together, before getting on a screen.**

Every night, before we're allowed to watch Netflix, we roll dice to tell us what we're going to do for twenty minutes first.

We have several hobbies that we do together, and we absolutely love several new two-player board games that we've bought recently. The problem is that we don't do them nearly as often as we would like.

### **Roll the dice.**

Make a list of 6 things you'd like to do more often, assign them a number, and then roll the dice. As soon as the kids go to bed, do *that thing* together. Then you can watch Netflix or do something on your own afterwards, too.

We assigned it like this (*the last three options are board games*).

1. Genealogy (we're tracing our family trees on Ancestry.com!)
2. Ballroom Dancing
3. Take a walk.
4. Play Photosynthesis
5. Play Tiny Towns
6. Play Wingspan

(*We're going to add some organizing tasks to the dice—assign different closets/rooms to the numbers and roll the dice and we have to spend 10 minutes organizing before we move on to something fun. But you get the picture: **it can be adapted for whatever you want.***)

**Sheila Wray Gregoire** <https://tolovehonorandvacuum.com/> has been married for 25 years and happily married for 20! She loves traveling around North America with her hubby in their RV. Plus, she knits (*Even in line at the grocery store.*) Sheila's a speaker, a blogger, an award-winning author of nine books, and a wife and mom. She loves God, loves marriage, and loves her family.

# Love is Spelled T-I-M-E

Genesis 3:8-9 &  
Galatians 6:9-10



## **WELCOME TO LAKEVIEW CHAPEL** **Sunday, February 21, 2021 / Worship 10 AM**

### **Welcome & Invocation**

*Jeff*

### **Song**

**Great Things**

### **Missions Moment (Video)**

**Russian Cross**

### **Announcements**

### **Worship Prayer**

*Kristie*

### **Song**

**O Praise The Name (Anastasis)**

### **Song**

**Jesus Only Jesus**

### **Message**

**Love is Spelled T-I-M-E**

*Pastor Dave Havener*

### **Hymn No. 390**

**Love Lifted Me**

### **Song**

**Do It Again**

### **Benediction**

Sermons are available online at:

<https://www.lakeviewwego.com>

<https://www.facebook.com/lakeviewwego>

## Events and Information

*Thank you for doing your part in keeping our congregation safe by wearing a face mask as you enter/exit the church and during singing.*

**DELTA LAKE** – We will receive a one-time offering through the month of February for Delta Lake to help them with their operating expenses since the camp’s revenues were severely reduced by the Covid-19 restrictions over the past year. Please mark your offering Delta Lake.

**RED CROSS BLOOD DRIVE** – The Red Cross will hold a blood drive on Friday, March 12 from 12 Noon to 5 PM at Lakeview. Please consider giving blood if you are able and pass the information along to others that might have interest. Appointments should be made at [redcrossblood.org](http://redcrossblood.org).

**LUNCH ON THE GO** – Lakeview will provide an Irish themed Lunch on the Go Sunday, March 14 following the morning service. If you would like to donate any of the needed food items, please sign-up on the table at the back of the sanctuary. Please bring donations to Lakeview’s kitchen by Sunday, March 7.

**COUPLES SMALL GROUP** – The Tuesday evening couples group will be starting a new study ‘*The Art of Marriage*’ on March 16 at 6:30 PM. The group will meet at Lakeview in the fellowship hall. If you have any questions and are interested in joining, please see Chad & Judy.

### **INTERNATIONAL WORKERS CONFERENCE**

Our International Workers Conference will be held Sunday evening, April 25 through Wednesday evening, April 28 with International Worker Mark E. who serves in Bosnia. More details to follow.

**We're building a community of faith in God  
that LIVES WELL but not by SIGHT.**

## Small Group Ministry

### **Small Groups**

#### **Adult Group (Led by Steve & Kristie)**

Meeting Friday evenings 7 PM at Steve & Kristie’s home. Using ‘*The Steps to Freedom in Christ*’ material. For more information, call the church office (607)-687-3261.

#### **Couples Small Group (Led by Chad & Judy)**

Starting Tuesday, March 16 at 6:30 PM. Meeting at Lakeview in the fellowship hall. Reviewing ‘*The Art of Marriage*.’ For more information, call the church office (607)-687-3261.

### **Bible Study Groups**

#### **Women’s Bible Study (Led by Anne)**

Tuesday mornings from 9:30 AM -12 Noon at Lakeview. Meeting in the sanctuary.

#### **Men’s Bible Study (Led by Pastor Dave)**

Wednesday evenings from 6:30-8 PM at Lakeview. Following the *40 Days of Prayer* themes. Meeting in the fellowship hall.

#### **Women’s Bible Study (Led by Mickey)**

Wednesday evenings from 6:30-8 PM at Lakeview. Meeting in the first-floor classroom by the stairs. Studying ‘*The Daniel Prayer*’ by Anne Graham Lotz.

**Prayer Group (Led by Art)** Wednesday evenings from 6:30-8 PM at Lakeview. Meeting in the church office.

## Wednesday Night Youth Programs (6:30-8 PM)

**IMPACT** (Teen Group 6th–12th grade)

## This Weeks Calendar

Tuesday	9:30 AM	Women’s Bible Study
	6:30 PM	Couples Small Group
Wednesday	6:30 PM	Prayer Meeting, IMPACT (Teen Group)
	6:30 PM	Men’s Bible Study, Women’s Bible Study
Thursday	6:00 PM	Elder’s Meeting
Friday	7:00 PM	Adult Small Group