

Work it Out

1 Timothy 4:8-10

Training is hard – you work at it

You give time and effort to the things you _____ about in

You and I need to adjust what we believe if we desire to change what we do

Embrace the changes God makes in you because you _____ them

Two attitudes toward obedience:

"I _____ to" or "I _____ to "

Working on your relationships grows from the core, your relationship with God through Christ

KNEES AND FEET (Prayer and Action):

The application of God's Word may be decided on Sunday morning but has to be enacted Monday morning! Ask the Holy Spirit to guide you to a change of mind and action.

Ask God to show you the things in your life that are most important to you, the things you give your time and effort to.

What steps could you GET TO take that would make you more like Jesus in your life and relationships? How might that affect your relationship with your spouse?